

Friends For Life Programme

This week as part of the 'Friends for Life Programme' students from first and second year created a pic collage that included positive tips and ways to change negative thinking around exam time to a more positive one. These posters have been placed around the school and there is also a display on the library windows in the main reception area for all students to see.

Please have a read in preparation for your Christmas exams. Remember let's change those red thoughts (unhelpful thoughts) to green thoughts (helpful thoughts) and let's do our very best to prepare for our Christmas exams. Thanks to all the students involved who put time and effort into this positive poster display that will benefit all students in Desmond College in preparation for exams.

Ms Creed and Ms Barry



A Pic Collage created by the students involved in the Friends for Life Programme



Students involved in the friends for life programme – Eimear Quirke, Aaron Enright, Katelyn O Sullivan, AJ Dee, Lydia Murphy and Clodagh Flatley